

Dallas School District
Wellness Committee
January 2023

Background

Federal regulation requires the review and revision of school districts' [wellness policy \(246\)](#) every three years. Our policy was last reviewed in March, 2020. Our process included policy review and the completion of the Triennial Assessment.

PDE provides a [Triennial Assessment](#) to meet the requirements in federal regulations and prepare for the Administrative Review by the Pennsylvania Department of Education (PDE), Division of Food and Nutrition. The Assessment guided the Wellness Committee, the review, and public communication regarding the review.

The Triennial Assessment and the wellness policy will be submitted to PDE during the Administrative Review (AR) of the School Nutrition Program. During the AR, PDE checks to make sure the assessment was completed within the prior three years, the wellness policy includes the minimum elements per federal regulation, and required stakeholders were included in the review process.

Process

The committee met several times beginning in January 2023 and also collaborated electronically throughout the review process. Committee members were encouraged to solicit input from stakeholders throughout the process. The Triennial Assessment is linked to this document below.. Updates were provided at each public school board meeting throughout the process. Communication to the wellness committee is via Ms. Porasky, Administrative Assistant, in the Superintendent's Office, at cporasky@dstdhs.com

Wellness Committee Members

Thomas J. Duffy, Superintendent
Sherri Newell, School Board, Chair Cafeteria/Wellness
Melissa Bellas, Food Service Manager
April Klose, School Nurse, Chair
Ruthie Skammer, Wellness Department Chair
Michelle Bryant, Wellness Teacher
Chris Bianchi, Wellness Teacher
Cheryl Higgins, Family Consumer Science Chair
Mike Richards, Occupational Therapist/Athletic Director
Shelby Bedony, Student
Megan Bryk, Student
Ryan Andress, Student
Joanna Cunningham, Parent
Dr. Al Boonin, Community Member

[Completed Triennial Assessment](#)